ISSUE NO 1 October 2018

# Counsellors Together UK

WORKING TOGETHER TO END THE CULTURE AND PREVALANCE OF UNPAID WORK WITHIN OUR PROFESSION



# Newsletter!

### **BACP** Resolution

BACP members, please vote in favour of resolution 'Accreditation' - Voting closes 12th October 2018. The resolution, entitled 'Accreditation' asks that the BACP amend their member title structure so that all qualified counsellors are labelled accredited upon registration. You can read our supporting statement for this resolution in full here; http://ukcounsellors.co.uk/bacp-resolution-voting-2018/

### **Donations**

We have recently introduced a donate button on our website. At the moment all of the work we do is being funded by our admin team and as we grow we can't sustain this. Several of our members suggested that people should be able to donate to help our cause and we are very grateful for this. All monies donated will be used on running costs and admin duties. You can make a donation over on our website homepage. Thank you.

# Online store - now open!

To help raise some extra funds so we can continue to campaign to end the culture and prevalence of counsellors working for free, we have added an online store to our website. Here you will find some branded CTUK merchandise as well as some other counselling related products such as t-shirts, cups and phone covers.

See www.ukcounsellors.co.uk/shop/



# CHILDREN'S MENTAL HEALTH & SCHOOL COUNSELLING CAMPAIGN

In the UK we are in the midst of a mental health crisis, which is affecting many of our children and young people. According to the Department for Education (DfE), 1 in 10 (850,000) children and young people have a diagnosable mental health condition......cont below.....

ISSUE NO 1 October 2018

#### Cont...

Despite these startling statistics and their implications, the emotional wellbeing and mental health needs of children are not being met, with 1/3 of school-based referrals to CAMHs being rejected. Research shows that a solution to this crisis is to place a counsellor in every school, and we are asking the UK government to do this.

You can view the campaign, sign and share it here: https://www.change.org/p/uk-parliament-make-it-mandatory-for-every-uk-school-to-provide-counselling-for-children-and-young-people



# Letters to MP/MSPs

We are trying to raise awareness on a national level about the current mental health crisis our children and young people are facing. We also have concerns around the use of unqualified volunteer counsellors often being used to deliver counseling in schools, as well as counsellor exploitation. We have tried to capture these issues in a letter which we would like to reach all MPs. If you would like to support us by sending your local MP a letter, then please do visit the link below and it will take you to a page where you can copy and paste the letter and use a template to email your MP. Thank you.

www.ukcounsellors.co.uk/letter-for-your-local-mp/

Thank you for reading, we do hope you will get involved with what you can.

Our Newsletter will be released on the first Friday of every month.

If you would like to contribute please do get in touch at info@ukcounsellors.co.uk

Thank you ☺



## Join us?

Facebook Group (UK therapists only): www.facebook.com/groups/234004167107915

Facebook Page (everyone welcome): www.facebook.com/UKCounsellors/

Twitter (everyone welcome):@UK\_Counsellors

LinkedIn Group: Search for Counsellors Together UK

Website Forum: www.ukcounsellors.co.uk/forum/

We look forward to hearing from you and please do remember to like and share our work across social media ©

Next Issue - Friday 2<sup>nd</sup> November 2018